Blast 600 Calories Without Breaking a Sweat!



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DANC OFF THE POUND

Burn Fat the Fun W



CLIMATE CONTROL

American Idol's_

It may be the dog days of summer, but you'll feel like a cool cat with these sporty finds.



SIP SERVICE

Slip your paddle into the holster of the hands-free CamelBak Molokai SUP hydration vest (\$100; camelbak.com) and you can quench your thirst as you float. The pack holds 2 liters of water and has a cargo pocket for stashing sunscreen and a snack.