

By Amy Rushlow August 2012

THE BEST GEAR FOR TRIATHLETES

You'll carry more gear with you on race day than you would climbing Kilimanjaro. Bike, helmet, goggles—the list goes on. Here's the gear you need to race fast and train comfortably.

Camelbak Podium Big Chill Bottle

Our friends over at Bicycling magazine turned us on to the Podium. The valve is self-sealing so you don't have to pull it open—just squeeze and drink. Plus, the insulated 25-ounce bottle means your drink is still cold by the time you start your bike leg.

\$14, camelbak.com

